

## State Disability Services

# 2022 TREND REPORT

## COMMUNITY SUPPORTS TRENDS










Increased emphasis on community-based services and supports has led to widespread reform in Virginia’s disability services system. Providing community services and supports is not only important to support a person’s autonomy, but also to prevent institutionalization. The Department of Behavioral Health and Developmental Services (DBHDS) and Centers for Independent Living (CILs) are two of many organizations that oversee or provide services to meet the needs of people with disabilities living in the community. Services include financial aid, and support in self-determining the action steps necessary to achieve the life people with disabilities envision for themselves.

When interpreting this trend summary, it is important to note that all trends are based on the most recent data available at the time of trend report development. As a result, some indicator trends may be based on data that is older or newer than other indicator data. Data, years for which data was available, and further discussion of each indicator’s trends are included on the indicator summary pages in the trend report. Additionally, the trend arrows are based on the percentage change over time. Please note that changes less than 1% are deemed “about the same” and indicated with “↔.” This threshold does not indicate statistical significance, so it is possible that fluctuations greater or less than 1% were due to random chance.

















More information on how the trend summary was determined is included in the Data Sources & Limitations section. Additionally, because the list of indicators for this trend report is extensive, not every indicator is discussed in this trend summary. For more information on indicators not discussed, as well as their data sources, please see the associated indicator summary pages in the full trend report.

## KEY

 Increase that is desirable	 Increase that is neutral
 Decrease that is desirable	 Decrease that is neutral
 Increase that is undesirable	 Little to no change
 Decrease that is undesirable	<b>N/A</b> No data available

## QUALITY

Less than one third of eligible Virginians with developmental disabilities (DD) enrolled in new DD waiver community services. The Individual Family and Supports Program continued to support Virginians on the DD waiver wait list, but spent less on direct financial relief than in previous years. Virginians with disabilities set the most goals in self-advocacy, self-care, mobility, and personal resource management at Centers for Independent Living (CILs). This suggests that state resources should be focused on these areas.

QUALITY INDICATOR	1 YEAR TREND	4 YEAR TREND	8 YEAR TREND
Eligible People Enrolled in Community Engagement or Coaching			N/A
Individual and Family Supports Program (IFSP) Spending on Direct Temporary Financial Relief			N/A
Self-Advocacy Goals Set			
Self-Care Goals Set			
Mobility/Transportation Goals Set			
Personal Resource Management Goals Set			

## KEY

- ↑ Increase that is desirable
- ↓ Decrease that is desirable
- ↑ Increase that is undesirable
- ↓ Decrease that is undesirable
- ↑ Increase that is neutral
- ↓ Decrease that is neutral
- ↔ Little to no change
- N/A No data available

## SATISFACTION

A majority of Virginians receiving Developmental Disability (DD) waiver services reported that staff training has met their needs, though the portion reporting this has slightly decreased. Community group participation remains low at about 40% among Virginians with DD waivers. A majority of Virginians with DD waivers reported having friends outside of staff and family, at rates higher than the national average.

SATISFACTION INDICATOR	1 YEAR TREND	4 YEAR TREND	8 YEAR TREND
Staff Have Right Training to Meet Person's Needs	↓	↓	N/A
Community Group Participation	↓	↓	N/A
DD Waiver Recipients Who Have Friends Who Are Not Staff or Family Members	↓	↑	N/A

## ACCESSIBILITY

The percentage of family caregivers who are aged 60+ decreased recently, but the overall number of aging family caregivers continues to increase. The increased aging caregiver population signals a growing need for accessible services and supports for family caregivers and their adult children with developmental disabilities (DD). Additionally, the continued increase of the DD waiver wait list and the inadequate salaries of direct support professionals (home health aides, personal care aides, and nursing assistants) bring to light system capacity concerns. While direct support professional salaries are increasing over time, they are not enough to meet basic family expenses, contributing to direct support professional turnover.

## KEY

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|--|---|
| <ul style="list-style-type: none"> <li><span style="color: green;">↑</span> Increase that is desirable</li> <li><span style="color: green;">↓</span> Decrease that is desirable</li> <li><span style="color: red;">↑</span> Increase that is undesirable</li> <li><span style="color: red;">↓</span> Decrease that is undesirable</li> </ul> | <ul style="list-style-type: none"> <li><span style="color: gray;">↑</span> Increase that is neutral</li> <li><span style="color: gray;">↓</span> Decrease that is neutral</li> <li><span style="color: gray;">↔</span> Little to no change</li> <li><b>N/A</b> No data available</li> </ul> |
|--|---|

ACCESSIBILITY INDICATOR	1 YEAR TREND	4 YEAR TREND	8 YEAR TREND
Aging Family Caregivers	N/A	↑	↑
Family Caregivers Aged 60 and Older	N/A	↓	↑
Average Home Health & Personal Care Aide Salary	↑	↑	N/A
Average Nursing Assistant Salary	↔	↑	N/A
People Who Use Center for Independent Living (CIL) Services Who Are a Racial/Ethnic Minority	↑	↑	↑
Developmental Disability (DD) Medicaid Waiver Wait List	↑	↑	↑

***The Virginia Board for People with Disabilities hopes this report helps policymakers, advocates, and the general public easily track performance over time and identify areas for improvement across the disability services system.***

For more information on Project Living Well and to view the full report, please visit the Board's website:

[www.vbpd.virginia.gov/projectlivingwell.htm](http://www.vbpd.virginia.gov/projectlivingwell.htm)

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